

Iowa County 4-H Clover Connection



November 2025

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- 1 4-H Re-enrollment for All DUE in 4-H Online
- 1 Annual Club Charter Renewal Due Online
- 3- Record Books & Awards Due to County
- 3 Awards and Scholarships Applications Due to the Extension Office (via google docs)

December 2025

7 - Iowa County 4-H Awards Day

February 2026

2- Club Exploration Day Topic due to Dan

March 2026

21- County Exploration Day, Mineral Point HS 28- Iowa/Lafayette Day in the Arts, Mineral Point HS

MANDATORY:
4-H All County Leaders
Upcoming Meeting:
Mon. April 27th
6PM HHS Building
Dodgeville

Inside This Issue

Page 1: Calendar and Contacts

Page 2: Awards Day

Page 3: 4-H Attendance Policy

Page 4: 4-H Food Fight

Page 5: Junior Leaders Introductions

Page 6: 4-H Camp Counselor

Applications

Page 7: 4-H County News

Page 8: 4-H Club News

Page 9: 4-H Career Talks

Page 10: Volunteer Awards

Nominations

Page 11: 4-H State News

Page 12: 4-H State News

Page 13: Growing You, Growing Youth

Page 14: 4-H At Home

Contact Us

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Page 1

4-H Awards Day





Iowa County Attendance Policy

Iowa County 4-H Attendance Policy Effective Date: October 1, 2025

Being part of 4-H is an opportunity to explore new interests, develop life skills, and grow as a person. This attendance policy is designed to encourage youth to stay engaged and explore new sparks—areas of interest and passion they may not have discovered before. 4-H is about learning by doing, building connections, and growing into capable, caring members of the community.

All Iowa County 4-H members must participate in at least four (4) 4-H events or meetings by their club's June meeting date in order to be considered a member in good standing with 4-H. A member in good standing has the opportunity to show at the Iowa County Fair that year. Attendance may include:

- Monthly club meetings (in-person or virtual)
- County-wide 4-H events or workshops
- 4-H community service activities
- 4-H fundraisers or educational opportunities
- Club or county-level leadership activities
- Other determined at the club leader's discretion

New Members

If a new member joins 4-H during the program year, they must meet the four-event requirement or follow an adjusted attendance plan as determined by their club leader.

Returning Members

Returning members' attendance counts start in September. Members who transfer from one club to another during the year will not have their attendance requirement reset to the month of transfer.

Digital Participation

Members may participate in club meetings digitally (e.g., Skype, FaceTime, Google Meet, phone, etc.) if the club allows it. Arrangements for digital participation must be made with the club leader. Clubs are encouraged to develop a digital participation plan for the year.

Parent Attendance

Parents may not attend meetings or events on behalf of their child to fulfill the member's attendance requirement.

Make-Up Opportunities

If a member cannot participate in four 4-H events or meetings, they may coordinate with their club leader to attend another approved educational opportunity. All make-up activities must be completed by the club's June meeting date.

Special Circumstances

Members with special circumstances may submit a written request for review by the County 4-H Educator and the Attendance Committee. Following review, all decisions made by the 4-H Educator and Attendance Committee are final.

Attendance Committee

The Attendance Committee will consist of:

- The County 4-H Educator
- 4-H Adult Leaders Board
- Two (2) youth representatives from the 4-H Junior Leaders

4-H Food Fight for Seniors



Join Iowa County 4-H Program to help support Home Delivered Meals through the Iowa County Senior Nutrition Program!

We're collecting shelf-stable foods to create emergency meal kits for seniors when bad weather stops deliveries.

♥ Help us fight hunger and care for our community—one meal at a time!

Let's see which 4-H club can collect the most! Winning club earns a pizza party (up to \$50)!

Drop off donations at: UW-Extension Office 303 W. Chapel Street, Dodgeville, WI 53533

List of items needed:

Juice boxes

Pudding cup

Applesauce cup

Jello Cups

Fruit/Vegetable Cups

Tuna/Chicken Canned or Packet

Peanut butter cups

Individual Bags of Pretzels & Nuts

Crackers, wheat saltine

Austin Crackers with cheese or peanut butter

Honey Grahams

Oatmeal Packets

Granola Bar

Craisins/Raisins

Individual Non-Refrigerated Beef Stick

Hormel Complete Meals

Easy Mac

Low Sodium Soup

Canned Fruits/Vegetables

Single Protein Shake

Microwaveable Popcorn

Fruit Snacks

Little Debbie/Hostess Treats

Fun Sized Candy Bars

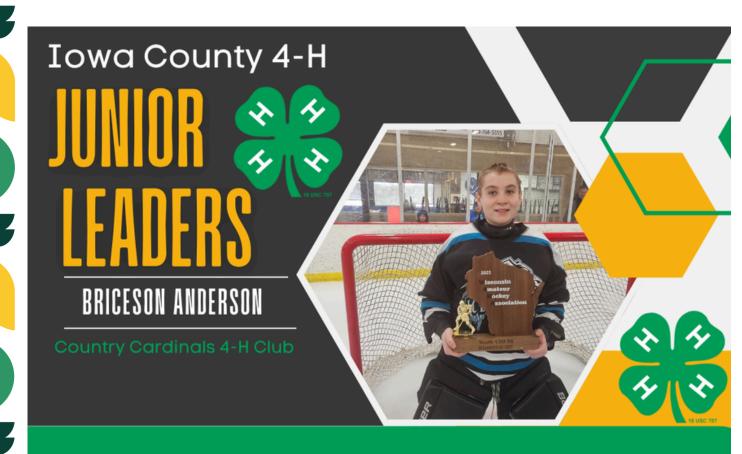
Little Bottles of Water

Single V8 Drinks

Instant Noodles

4-H Junior Leaders

Meet our 2025–2026 Iowa County 4-H Junior Leaders! We're so proud of these youth who are stepping up to take on leadership roles and help shape the future of 4-H.



How long have you been a 4-H member?

7 years

What is your favorite 4-H activity and why?

Project Learning Day and Dairy Show. Learn cool new things.

What is a hobby/interest you have outside of 4-H?

Ice Hockey

Why did you want to become a Junior Leader?

Be able to volunteer and promote 4-H

What projects do you show at the fair?

Dairy, foods, foods preservation, Hone Environment, child development, vet science, mechanical science, art, wood working, flowers, and vegetables.



4-H Camp

Do you love camp, working with younger youth, and making summer memories that last a lifetime? Here's your chance to be part of the 2025 4-H Summer Camp team!

- ☆ Camp Counselors: Open to youth in grades 9–12
- ☆ Counselor-in-Training (CIT) Program: New this year! Open to 8th grade students only

Gain leadership experience, build teamwork skills, and help create an unforgettable camp experience for others!

- 📅 Applications are due February 16th, 2025.
- **★** To apply, scan the QR code or copy and paste the link below: https://forms.gle/kHixyYYTh34zbf727





4-H County News

4-H members gathered on Oct. 28th at the HHS Building in Dodgeville for a festive Holiday Sign Making Workshop! Youth had a wonderful time getting creative, painting, and designing their own holiday-themed signs to take home and share the spirit of the season.

A big thank you to everyone who came out to join the fun and kick off the holiday season with creativity and cheer!







4-H Club News

Blue Ribbon and Up and Over 4-H Clubs joined together to celebrate National 4-H Week on October 9, 2025! Members showed their 4-H pride by wearing their club apparel to school and coming together for a group photo to mark the occasion.

This fun and spirited activity highlighted the pride and sense of community that comes with being part of 4-H. It was a great reminder of how 4-H connects youth across Iowa County through leadership, learning, and friendship.

A big thank-you goes out to all the Blue Ribbon and Up and Over club members who participated and proudly represented 4-H during this special week!





4-H Career Talks

On Wednesday, Oct. 29th, 4-H members and adults heard from Kristen May, Community Relations Coordinator with Chambers for Innovation & Clean Energy. Kristen shared the experiences and decisions that led her to her current career, offering great insight into how passion and opportunity can shape a professional path.

We're grateful to Kristen for kicking off this inspiring series of conversations! Starting in the new year, Iowa County 4-H will be hosting monthly career talks where youth can learn firsthand from local professionals about their journeys, challenges, and successes. Stay tuned for details — we hope you'll join us!



4-H CAREER TALKS

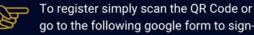
Your future, your choice! Join Iowa County 4-H for monthly Career Talks-learn from local professionals and get inspired for what's next.

THIS MONTH

Kristen May, Community Relations Coordinator, Chambers for Innovation & Clean Energy



October 29th, 2025 Starting At 6:00pm HHS Building, Dodgeville



go to the following google form to sign-up.

https://forms.gle/tXSjiufACorWXpWEA



CAREER





4-H Volunteer Awards

The 2025 4-H Volunteer Awards are now open for applications. Show your appreciation and nominate a volunteer who goes above and beyond to support 4-H youth. To apply today simply copy the link below or visit our website.

Volunteer Nomination Form - 10 years and Under Google Form Application Link: https://forms.gle/UQ6Xo3joUQ9TTnWo9 **Volunteer Nomination Form - Over 10 Years** Google Form Application Link: https://forms.gle/GEMXQftHwx5rcNS16





Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that

Google Form Application Link: https://forms.gle/uqf5VX29U8uDR

Due Nov. 3rd

4-H State News

Check out these great opportunities from Wisconsin 4-H Distance Learning Programs! Registration opens Oct 30th at:

https://4h.extension.wisc.edu/wi-distance-learning/



Learning Programs



4-H Discovery Kit

Explore Head, Heart, Hands, and Health with fun 4-H activities!

Audience: Grades 5K-2

Session Dates: Jan. 13, Jan. 27, Feb. 10, Feb. 24 from

6:30 - 7:30 PM

*Fee of \$5 for the kit

Design Your Landscape Kit

Learn how to plan, sketch, and bring your own landscape design to life!

Audience: Grades 3-8

Session Dates: Jan. 26, Feb. 9, Feb. 23 from 6:30 - 7:30 PM

*Fee of \$5 for the kit



Learn more and

Register at:

http://virtual.wi4h.org



Exploring Careers in Agriculture Program

Explore different career options in agriculture and get inspired through conversations with professionals from across the ag industry.

Audience: Grades 7-10

Session Dates: TBD

*Fee of \$5 for the curriculum guide









4-H State News

SAVE THE DATES

STATE 4-H LIVESTOCK EVENTS

4-H MEATS JUDGING CONTEST JANUARY 31, 2026

SKILLATHON AND QUIZ BOWL MARCH 21, 2026

BOTH EVENTS HELD AT THE UW MADISON CAMPUS

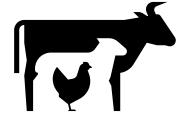












SAVE THE DATE

STATE 4-H DAIRY QUIZ BOWL

FEBRUARY 7, 2026

UW GREEN BAY Stem innovation building













GROWING YOU, GROWING YOUTH

Transition and Legacy

Volunteers are one of the foundational pillars of 4-H. We constantly seek to recruit individuals and train them to help serve the young people in our programs. Yet, what about when it is time to transition away from volunteering, or perhaps step back to allow another to lead while reducing your own involvement? This period of change can perhaps stir some emotions and be a bit complicated. It is an important skills building process, and is a situation that we all have to face at different times in our lives. Here are a few reminders and affirmations:

-We understand that life happens, and that may mean needing to reduce commitments. Give your Educator as much notice or forewarning as you can, as this allows them to plan and make arrangements to continue to move the program forward. Do not feel guilty about needing to change or transition away. Remember that those you have worked with have gratitude for what you've helped them accomplish!

-Emotions are part of transition and change. It can be scary or intimidating to let someone else take over. What



Policy Spotlight

Did you know that the 4-H Name and Emblem is a federal mark, protected by law? In order to use it, there are quite a few rules and requirements to follow. Wisconsin 4-H has a great guide that will help you to use the clover correctly. It can be found here:

https://4h.extension.wisc.edu/file s /2023/02/Using-the-4-

if they don't do a good job or handle things differently? Work to avoid criticism and negativity, and instead help foster the transition. Offer to mentor as needed, suggestions, and finally encouragement to the new volunteer. If you find yourself being pulled into negativity, intentionally distance yourself, and chat with your Educator to have them help continue to facilitate the transition.

No matter your involvement in 4-H, you have left a legacy of helping young people and impacting your community. The world is constantly changing and new methods are being used in so many impactful ways. No matter when you step back from 4-H, continue to positively encourage others to try the same journey of volunteering with young people as you did.

4-H At Home

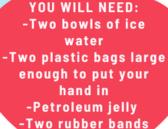
SCIENCE IN THE SEASONS: Winter

READY FOR WINTER

HOW DO ANIMALS STAY WARM IN THE WINTER?

Animals spend all summer planning for winter! They work hard to eat as much as they can to build up a layer of fat! For animals, fat is like a coat you put on to keep out the cold and wind. Let's try to feel what it's like to protect ourselves like an animal does!







LET'S EXPERIMENT

Slather one hand really well in the petroleum jelly.

This is our "fat." Place a plastic bag over the hand, and then do the same on the opposite hand, but leaving off the jelly. Secure around the wrist with a rubber band. Place each hand in the bowl of ice water for a few seconds. What differences did you notice between each hand?

LIFE LESSON: Animals work to prepare, and it pays off by keeping them warm and comfortable in winter!

What is one way that you could prepare for winter?

How would it help keep you safe?



UW-MADISON EXTENSION

Written by: Emery Bork Vernon County Senior 4-H Educator